

**United
Way**



Orange County United Way

**8:00 AM
October 27, 2018**

**Paul Dudley White
(cardiologist)**

“A vigorous five-mile walk will do more good for an unhappy but otherwise healthy adult than all the medicine and psychology in the world”

**Steven Wright
(comedian/writer)**

“Everywhere is walking distance if you have the time”

**Jacqueline Schiff
(author)**

“The best remedy for a short temper is a long walk”

**Raymond Inmon
(author)**

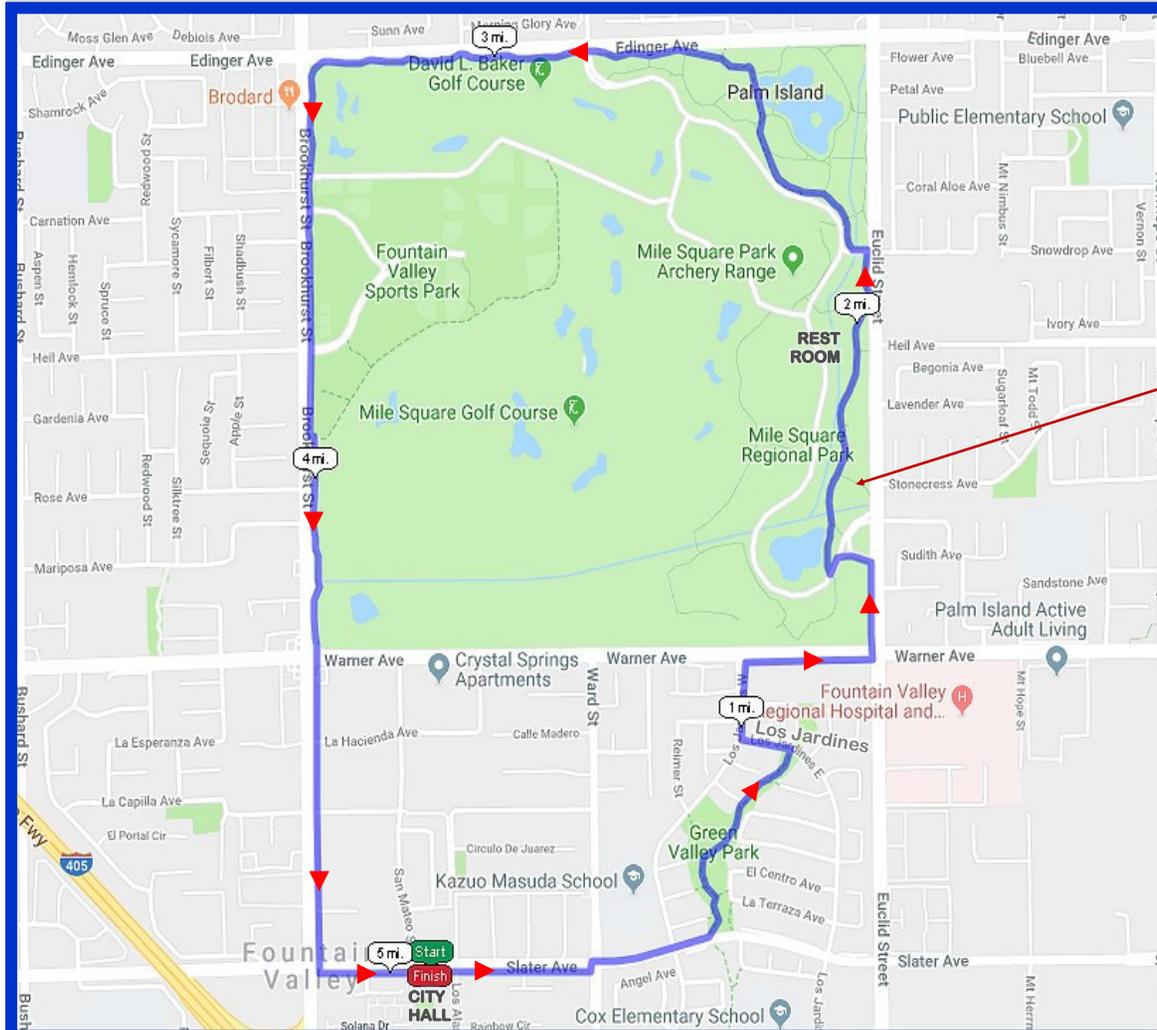
“If you are seeking creative ideas, go out walking. Angels whisper to a man when he goes for a walk”

Walks with Parks

a series of 5 mile city walks through *The OC*TM

Fountain Valley

**Start/Finish at City Hall
10200 Slater Ave.**



Walk with caution obeying all traffic signals and pedestrian indicators. It is always recommended that you do not walk alone in the event you encounter an unexpected hazard or people situation beyond the knowledge and/or control of the map creator. Walk, run, bike at your own risk.



Walk 31 of 34

Fountain Valley Facts
Incorporated = 1957
Area = 9.08 sq. mi.
2016 Population = 55,529 (est)

The city was originally named Talbert. The name of Fountain Valley refers to the very high water table in the area at the time the name was chosen, and the many corresponding artesian wells in the area. Early settlers constructed drainage canals to make the land usable for agriculture, which remained the dominant use of land until the 1960s.

Don't Miss This!



Mile Square Park

**Ellen DeGeneres
(comedian/actress)**

“My grandmother started walking five miles a day when she was sixty. She’s ninety-seven now, and we don’t know where the heck she is”

**Carrie Latet
(author)**

“Walking: the most ancient exercise and still the best modern exercise”