

CITY OF FOUNTAIN VALLEY

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PRESS RELEASE

Bob Hall, City Manager _____

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Heart Failure: What are the Warning Signs?

Millions of people have been diagnosed with heart failure and are able to lead normal, active healthy lives. Although heart failure is a chronic (life-long) disease, it can be managed if you learn to take good care of yourself. Join us as Dr. Arthur Calick, board-certified cardiologist at Fountain Valley Regional Hospital and Medical Center, discusses how to prevent, diagnose, and treat heart failure.

This is a free seminar for seniors 55 and older. It will be held at The Center at Founders Village Senior and Community Center, 17967 Bushard Street, Fountain Valley, on February 9, 2017 from 2pm to 3:30pm. To reserve your seat, please RSVP to (714) 979-1408. Light refreshments will be served.

For additional information on this program and other recreation programs, please call the Fountain Valley Recreation and Community Services Division at 714-593-4446 or visit our website at www.fountainvalley.org.

Recreation and Community Services – Promotes Health and Wellness