

CITY OF FOUNTAIN VALLEY

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PRESS RELEASE

Bob Hall, City Manager _____

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Know a Stroke: Save a Life

Each Year nearly 800,000 people in the United States experience a stroke. That's one stroke every 40 seconds! For every person that dies from a stroke, five people survive, and for them the physical damage it causes can be enormous. Join us as Morgan Rieder, RN Stroke Coordinator at Fountain Valley Regional Hospital and Medical Center, discusses the warning signs of a stroke and how to help save a life.

This free seminar, for adults 55 and older, will be held at The Center at Founders Village Senior and Community Center, 17967 Bushard Street, Fountain Valley, on Thursday May 19 from 2pm-3:30pm. To reserve your seat, please call 714-979-1408. Light refreshments will be served.

For additional information on this program and other recreation programs, please call the Fountain Valley Recreation and Community Services Division at 714-593-4446 or visit our website at www.fountainvalley.org.

Recreation and Community Services – Promotes Health and Wellness